



Physical Education:

An overview of how the sports grant has been spent

By Laura Worthy PE Coordinator

We have spent £5,500 on employing Mr Wright to teach PE

- This year we have spent £5,500 on employing Mr Wright to continue to teach PE for pupils in Y1 – Y4.
As a school we have also employed Mr Wright (a PE specialist) to teach the Year five and Year six children but this is separate from the sports grant.
Mr Wright plans lessons based on the new curriculum and spends a lot of time preparing children for the upcoming competitions. He runs lunchtime and after school clubs and works closely with Mrs Worthy the PE Coordinator.
- Miss Enright has also become joint PE Coordinator with Laura Worthy. We are currently working with Mr Wright to organise more afterschool and lunch time clubs.
- Mr Wright also helps support the Play leaders and sets up competitions between year groups. The children are learning to become competitive. When we attend competitions against other schools, the children have a clear understanding of the rules and play to win. They have excellent sportsmanship and stick to the rules. I am extremely proud to take the children on competitions and this is a clear reflection on how the skills and games have been taught to the children.

We have spent £1000 on the enhanced Forge Sports package

- This package allows us to take part in competitions with local schools (Rainbow Forge, Birley Primary and Birley CC). It also enables staff members to go on training to enhance skills. We can also have coaches that are employed by Forge to come into school. This year the coaches will come in to teach gymnastics and dodgeball. We are also running competitions in school to allow our children to become more competitive. The Year five and six play leaders helped to run a multi skills event for the Year 1 and Year 2 children. It was a great success and the children showed that they have great leadership skills.
- As part of the package, we have trained up twenty children as sports leaders from Years five and Year 6 who help to run games at lunchtimes. They also run competitions during school time with the help of Mr Wright. They will also help to run the Key stage 1 sports day. This was a great success last year.
- We have taken five of these children to the English Institute of Sport to have further training in sports leadership. This has built up their confidence in this area and given them skills to lead and play games well.
- In September, Laura Worthy and Jessica Enright attended a Sports and PE coordinator meeting to look at ways of improving the teaching of PE in school. Mrs

Worthy and Miss Enright also attend regular meetings with the Birley cluster of schools.

- Towards the end of the year, a member of the Forge team will come and work alongside Laura Worthy to undertake lesson observations to see how we are teaching PE. This will give the school a good idea as to how PE is being taught at our school and we will be able to discuss our strengths and areas for development.
- As part of the package selected children will take part in a smoothie making challenge. The children will learn about healthy eating and will then make their smoothies on a pedalled powered smoothie machine.
- Selected members of staff also have the opportunity to develop their CPD and will be attending courses to develop their skills in gymnastics, hockey and hot-shots basketball. All our NQT staff have also attended the NQT PE course to develop their skills further.

The Forge package provides the school with excellent links to local schools and allows the school to take part in a wide range of competitions.

- ❖ The Y5 children have taken part in a basketball competition at Birley Community College
- ❖ The Y2 children in Mr Brown's class have been to the Institute of Sport (EIS) to take part in a Sports Hall Athletics competition. The Y2 children in Mrs Ezard's class have been to the EIS to take part in a multi skills competition.
- ❖ In January selected children from Y3, Y4, Y5 and Y6 took part in a gymnastics competition.
- ❖ In March the Y3 children will be taking part in a dodgeball competition at Birley Community school
- ❖ On the 9th March selected Y5 and Y4 children will be taking part in an orienteering competition at Rainbow Forge.
- ❖ On the 15th March selected children from Y4 will be taking part in a handball competition at Birley Community College.
- ❖ On the 6th April the Year four children will be taking part in a Quick Sticks hockey competition at Birley Community College. If the children are successful at this competition then they will play in the final on Thursday the 27th April.
- ❖ On Wednesday 3rd May our netball team which Miss Enright has been coaching will take part in a Netball competition at King Edwards School.
- ❖ On the 16th May the Y6 six children will take part in a tag rugby competition at Mosborough Rugby Club.
- ❖ On the 9th June the Y4 children will be taking part in the Drax cricket competition Hollinsend Cricket Club,
- ❖ On Thursday 6th July all key stage two children will take part in the sports day at the English Institute of Sport.

These dates are subject to change by the organisers of the events.

After School Clubs

- We have tried to develop the range of after school clubs that we offer as a school. This is because we feel that being active is an essential part of a child's health and wellbeing. Miss Enright has taken a lead on this and worked hard to set these up.

- Mr Wright, Mrs Worthy and Miss Enright have planned a series of lunchtime and after school clubs that will allow the children to develop the essential skills needed to take part in the competitions throughout the year.
- Miss Enright has set up a netball team which play every week and are proving to be a great success. Luke Stewart will be taking over this when Miss Enright is on maternity leave.
- Mr Walker, who is a parent at the school, runs a football club after school. This has become our school football team. We are hoping to take part in some competitions in the next few months.
- Mr Wright has also worked hard to coach children in gymnastics and has taught the children a routine that they will use in the upcoming competition.
- We are hoping to buy some team kits with the school logo on so that the children can feel proud to represent our school and look the part.

£1000 has been spent on developing skills in Key Stage One

We have spent £1000 on paying for Ruggers Education to come into school to work with the Year 1 children. This will happen in the summer term. Two coaches will be coming into school to teach both year 1 classes rugby skills. They will eventually be playing mini games of rugby. Ruggers Education have previously been into school and provided taster days for our Key Stage 1 children. I was extremely impressed with the skills they taught the children and their behaviour management. I also felt that a lot of the sports grant has been focused on key stage 2. This will hopefully give the younger children the opportunity to develop new skills and develop a love for a new sport.

£495 has been spent on buying the Real PE curriculum for year 1

- £495 has currently been spent of buying the curriculum and resources for Real PE. We decided to focus on Year one and have bought the resources for this year group. Laura Worthy is currently using the new curriculum with her Year one class. It is a skills based approach to teaching PE. In key stage one it is done through stories and games. As a school we will then decide if we want to buy the full package for all year groups. I have been teaching this curriculum for a term now and have written about how I feel about it below.

I love teaching Real PE. It's so fun to teach and the children absolutely love it. I keep seeing the children practicing the skills that they have been learning in the playground and classroom. They are determined to succeed. I like how the skills are taught through stories which the children can relate to. So far we have been on an imaginary bike ride through the woods, where we have developed side stepping skills, galloping and hopscotch skills. Some children can even hopscotch forwards and backwards! We are currently working on our Pirate Adventure skills, where we are learning to balance on one leg for 10 seconds. Some children are attempting to balance on one leg for 30 seconds with their eyes closed. It is not as easy as it sounds. The Real PE lessons are very child focused and allow the children to work at a level that is suitable for them. The cards are very visual and show the children the skills they need to be successful learners. The cards also show the children how they can show that they are successful. I also like how the lessons develop the children's social, emotional, physical, creative and health and fitness skills. It shows children that PE isn't just about winning and being the best. It is about perseverance, balance and control. This curriculum encourages the children to be active, I was surprised at how many children struggled with running around and practising skills for longer periods of time. They kept asking to stop and have a rest. However, this is no longer the case. The more we have done these lessons the better the children have got at being active for longer periods of time. They don't want to stop and have a rest now because they are having so much fun.

Laura Worthy PE coordinator and Year 1 teacher

I also asked the children how they felt about Real PE and this is what they said

"I love Real PE because I like learning the new skills" Isobel Y1

"It's so fun" Georgie Y1

"I like challenging myself" Alfie Y1



Here are some of the children from Mrs Worthy's class playing the Popping Pirate game while practising essential balancing skills.